

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Peeters Steven HEADCOACH

Coaches: Vandenberg Sandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M BREASTSTROKE WOMEN 11+ Heat:1, starttime: 14:10

Heat: 1/20 Lane : 3 Athlete: JANSSENS MARTHE Q-time: 99:99:99

PB (50m pool): 01:32.95 Antwerpen 13/07/2025 PB (25m pool): 01:27.11 SB: no time

| | 50 M | 100 M | |
|----|-----------------|-----------------|--|
| PB | 00:44.11 | 01:32.95 | |
| | <i>00:44.11</i> | <i>00:48.84</i> | |
| | | | |

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+ Heat:1, starttime: 14:50

Heat: 1/19 Lane : 7 Athlete: PEETERS YENTL Q-time: 99:99:99

PB (50m pool): 01:17.53 Mol 26/06/2022 PB (25m pool): 01:15.00 SB: no time

| | 50 M | 100 M | |
|----|----------------|--------------|--|
| PB | no time | 01:17.53 | |
| | <i>no time</i> | | |
| | | | |

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+ Heat:7, starttime: 15:05

Heat: 7/19 Lane : 5 Athlete: PEETERS JOCHEN Q-time: 01:38:51

PB (50m pool): 01:38.51 Genk 01/02/2026 PB (25m pool): 01:34.10 SB: 01:38.51 Genk 01/02/2026

| | 50 M | 100 M | |
|----|-----------------|-----------------|--|
| PB | 00:46.42 | 01:38.51 | |
| | <i>00:46.42</i> | <i>00:52.09</i> | |
| | | | |

Coach feedback:

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Event number: 11: 100M BREASTSTROKE MEN 11+ Heat:12, starttime: 15:15

Heat: 12/19 Lane : 8 Athlete: DRIJKONINGEN RUBE Q-time: 01:26:03

PB (50m pool): 01:30.07 SportinGenk Park 19/05/2024 PB (25m pool): 01:26.03 SB: 01:34.46 SportinGenk Park 24/05/2026

| | 5 0 M | 1 0 0 M | |
|----|----------------|----------|--|
| PB | no time | 01:30.07 | |
| | <i>no time</i> | | |
| | | | |

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+ Heat:1, starttime: 17:05

Heat: 1/17 Lane : 5 Athlete: DRIJKONINGEN LIEN Q-time: 01:44:71

PB (50m pool): 01:44.71 SportinGenk Park 24/05/2026 PB (25m pool): 01:45.61 SB: 01:44.71 SportinGenk Park 24/05/2026

| | 5 0 M | 1 0 0 M | |
|----|-----------------|-----------------|--|
| PB | 00:49.30 | 01:44.71 | |
| | <i>00:49.30</i> | <i>00:55.41</i> | |
| | | | |

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+ Heat:12, starttime: 17:30

Heat: 12/17 Lane : 3 Athlete: JANSSENS MARTHE Q-time: 01:17:38

PB (50m pool): 01:22.44 Wezenberg 05/01/2025 PB (25m pool): 01:17.38 SB: no time

| | 5 0 M | 1 0 0 M | |
|----|-----------------|-----------------|--|
| PB | 00:40.56 | 01:22.44 | |
| | <i>00:40.56</i> | <i>00:41.88</i> | |
| | | | |

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+ Heat:1, starttime: 17:40

Heat: 1/15 Lane : 4 Athlete: PEETERS YENTL Q-time: 99:99:99

PB (50m pool): 01:06.23 Olympic Pool Wezenberg, Antwer 24/05/2026 (25m pool): 01:02.68 SB: no time

| | 5 0 M | 1 0 0 M | |
|----|----------------|----------|--|
| PB | no time | 01:06.23 | |
| | <i>no time</i> | | |
| | | | |

Coach feedback:

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|---|-----------------|--|
| Event number: 16: 100M BACKSTROKE MEN 11+ | | Heat:3, starttime: 17:45 |
| Heat: 3/15 Lane : 6 Athlete: PEETERS JOCHEN | | Q-time: 01:37:33 |
| PB (50m pool): 01:37.33 SportinGenk Park 24/05/2026 | | PB (25m pool): 01:34.25 SB: 01:37.33 SportinGenk Park 24/05/2026 |
| | 5 0 M | 1 0 0 M |
| PB | 00:47.81 | 01:37.33 |
| | <i>00:47.81</i> | <i>00:49.52</i> |
| | | |

Coach feedback:

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|--|-----------------|--|
| Event number: 16: 100M BACKSTROKE MEN 11+ | | Heat:10, starttime: 18:00 |
| Heat: 10/15 Lane : 2 Athlete: DRIJKONINGEN RUBE | | Q-time: 01:14:76 |
| PB (50m pool): 01:14.76 Mol 22/06/2025 | | PB (25m pool): 01:10.36 SB: 01:15.93 SportinGenk Park 24/05/2026 |
| | 5 0 M | 1 0 0 M |
| PB | 00:35.96 | 01:14.76 |
| | <i>00:35.96</i> | <i>00:38.80</i> |
| | | |

Coach feedback: